

Romans 8-part 6... Our Life and Death Situation

Pastor Ben Hunt March 29, 2026

Primary Point: *Life and peace are not accidents; they are the result of a mind fixed on the Spirit.*

Primary Text: Romans 8:5-10

- 1. There's a big difference between walking according to the flesh and being IN the flesh.**
- 2. Walking in the flesh drains life; walking in the Spirit produces it.**
- 3. There're two minds and one will... choose to abide.**

Application Questions:

1. What is one situation right now where your mind is fixated on the flesh instead of the Spirit?
2. Are you trying to manufacture peace, or are you returning to the source of peace?
3. What thoughts are you replaying that are producing death instead of life?
4. What would it look like today to actively “set your mind on the Spirit” in a real situation you’re facing?
5. Are you trying to change your behavior first—or are you addressing what your mind is set on?
6. Right now, in this moment—where is your mind set? And what is it producing in you—life or death?